

# Carers in Wiltshire Joint Strategy 2017 - 22

Maria Keel  
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## Key Themes

- Equity
- Holistic and Whole Family
- Whole System

## Consultation and Co-production

## Strategy Outcomes

1. Carers have improved physical health, mental health and wellbeing
2. Carers are empowered to make choices about their caring role and to access appropriate support and services for themselves and the people they care for.
3. Carers have the best financial situation possible, and are less worried about money
4. Carers' needs, and the value of carers, are better understood in Wiltshire
5. Carers influence services

## Commitments

- To ensure that the strategic direction for the commissioning of health and social care services reflects both the contribution made by Wiltshire's carers to the system and our duty to meet carers' needs for support
- To maintain carers' health to enable them to continue caring (should they wish to)
- To holistically identify the needs of carers and the people they care for and work together to improve individual outcomes for carers by taking a whole family approach
- To continue to invest in early intervention and prevention services to reduce, prevent and delay carers' needs for support
- To improve the identification of young carers, carers of people with needs relating to mental health and substance misuse.
- To support communities to become more carer aware and supportive of carers living within them
- To provide services that support carers in crisis

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## Improved physical health, mental health and wellbeing

- Happier
- Less isolated
- Less stressed
- More able to look after myself
- More able to do the things I want
- More able to take a break
- Improved social relationships with family and friends
- Safer
- Less Tired
- Improved life satisfaction

## Empowered to makes choices and access support and services

- More able to cope
- Better about myself
- More in control
- More confident
- More able to care for my loved one
- Caring burden eased
- More able to work/study
- More skilled in my caring role
- More knowledgeable

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## Changes to Carer Support – 1 April 2018

- New carer support contract awarded to Carer Support Wiltshire including young carer breaks
- Young carer assessments brought in house